THE thrive TOUR

TEACHER CLASS DESCRIPTIONS

THRIVING IN WORSHIP

Don't miss this class! Explore worship through dance and how to incorporate prompts and exercises to help you and your students advance in transformative moments. Prepare your heart and mind to dance with passion, freedom and purpose. Start off the weekend in His presence!

BURN UP

Burn up instead of burn out! It's time to relive the passion and fire you once had for the gift of dance, teaching and leading your studio into greater impact. Michelle Brogan will dig deep with you to identify passion stealers and find your way back to JOY and CREATIVITY for this new season.

THE PROGRESSION PROJECT

Need a creative spark in your technique progressions and across the floor combinations? Join Megan Waldron to boost your jazz technique class to the next level. Receive various skill-building steps to improve fluidity, direction changes, weight transfers and more to broaden your dancer's foundational training and increase dynamic movement!

BARRE TO CENTER

Why do students manage an exercise at the barre but struggle with it in center? David Kiyak will explore the fundamentals behind balance, turns, and traveling steps. Through student demonstrations and discussion, teachers will learn to recognize common technical gaps, choose what to correct first, and use simple cues and progressions to help ballet technique click.

PROMPT, PLAY & PERFORM

Explore improvisation techniques with Jason Pollard through prompt and play to develop dynamics and deepen individual connectivity to movement in performance. This class will allow your creative side to come out as you remember the power of play to develop the dancer from the inside out.

SEEDS TO SUCCESS

Join Mary Beth Maynard as she helps you build a class full of love, purpose, connection and excellence. She'll unpack key elements in a creative way to build an atmosphere of respect and honor that will have big reward in and out of the classroom.

TRAIN BEYOND THE STEPS

Dance training is about more than learning steps, it's about developing a body that can safely and consistently execute them. Donovan Gibbs explores how cross-training can be incorporated into dance education to build stronger, more stable, and more technically efficient dancers. You will leave with exercises and concepts you can immediately incorporate into classes to help dancers build better muscle memory, greater body awareness, and a stronger physical foundation for their training.

THE SMALLER YES

Scrambling to fill classes while hearing families say they can't commit? Learn how to reach those families with purposeful short-session experiences, a repeatable annual calendar, and a clear path to continued enrollment—so you can plan ahead and give families a smaller yes that fits.
Jennifer Chin-Gorner will share the intentional decisions behind her Community Program: how she determined the price and length, used existing classes, planned future sessions, and prepared her team to guide families toward their next step. Her hope is that you will leave with a framework for building your own offer AND as teachers, knowing the importance of this type of offer and your part in it.

BASELINE OF EXCELLENCE

Everyone wants to take pride in their work—and feel confident in the team beside them. This class helps owners and teachers define, understand, and uphold shared standards that strengthen teamwork, create stability, and deliver a professional experience families can count on.
Jennifer Chin-Gorner will share how she connects her team training to clear nonnegotiables and Quality Value Checks. You will leave with a framework for identifying observable standards, teaching your purpose, and using feedback to support consistent execution.

LET'S TAP

Bring your tap shoes to this class led by Patrick Cook! He will be using music theory and drills to teach musicality and transitions in this helpful class! Don't miss this class if you teach tap at any level.

GROOVE, MUSICALITY & FREESTYLE

This interactive class with Katherine Iheke explores the technique of grooving, the relationship between movement and music, and how foundational skills cultivate musicality and freestyle within hip hop's cultural and social dance roots.